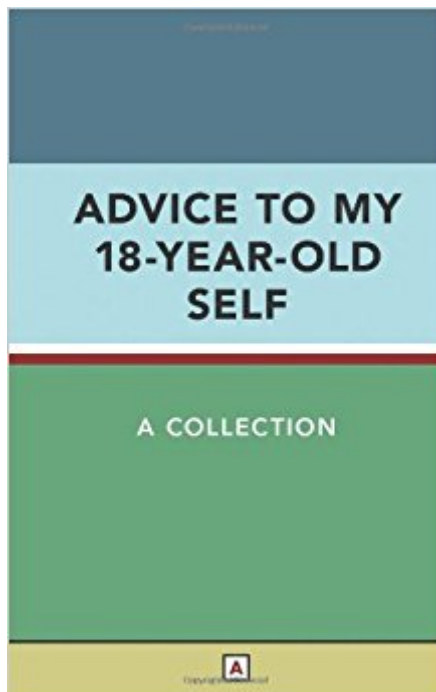


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# Advice To My 18-Year-Old Self



## Synopsis

Ever wish you could travel back in time and give advice to your 18-year-old self? Well, these 12 writers did just that. Sort of. **ADVICE TO MY 18-YEAR-OLD SELF** is a collection of 12 letters from a dozen different writers, ages 20 to 58, who give advice to their younger adulthood-approaching selves. Contributions from: James Gummer, Colin Wright, Joshua Fields Millburn, Ryan Nicodemus, Robert Isaac Brown, Colin Wright, Robyn Devine, Shawn Mihalik, Chase Night, Josh Wagner, Meg Wolfe, Samuel Engelen, and Markus Almond.

## Book Information

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## Customer Reviews

JOSHUA FIELDS MILLBURN is the author of eight books and two unpublishable fish-taco recipes. CHASE NIGHT is a writer and story consultant. Yes, Chase Night is his real name. Lucky bastard. MEG WOLFE was born and raised in Indiana, where she still resides. MARKUS ALMOND grew up writing songs in a punk band and has featured on over 50 TV shows. JOSH WAGNER keeps his coat closet inside a drawer full of nickels. SHAWN MIHALIK was born. ROBYN DEVINE makes hats. Literally. Lots of hats. She also writes and has a bunch of kids. RYAN NICODEMUS is a mentor, author, and sandwich enthusiast ROBERT ISAAC BROWN was born in New Orleans and currently lives in New York City. He is working on his first novel. SAMUEL ENGELEN blogs, writes books, travels, and simply explores life with his son, Noah. JAMES GUMMER has no idea what's going on and is learning to be okay with that. He writes in Baltimore, Maryland. COLIN WRIGHT is an author, entrepreneur, and full-time traveler.

I read this book at 20, and cool little thoughts and bits of wisdom, packaged in stories and tales of

the past, are hugely useful and enjoyable to read. A few favorites: "There is a direct relationship between your ability to handle uncertainty and your happiness." "Remember that confidence is about knowing who you are and knowing you can overcome anything life throws at you." "Learn how to make money, as soon as possible. Money gives you the freedom to pursue the things you love." "When a woman tells you she loves you, the wisest thing you can do is take her word for it." "Make the absolute best use of your time that you can. That means moving ever-forward towards your ideal lifestyle, and being happy now, not just later"

"Advice" is a short anthology of authors who have written letters to their 18-year-old selves with advice and encouragement. This premise makes it a great graduation present, as another reviewer wrote. It offers great advice on following your dreams, not giving up, and not worrying if everything doesn't turn out as planned. As often happens in anthologies with multiple authors, some of the stories are more compelling and touching than others. If you don't have a lot of background information on an author, his or her story has a much smaller impact on you; this book would have benefited from lengthier letters that included more details, so that background knowledge wasn't as important.

An entertaining collection of essays about life and our choices. Not so much about regret as about accepting that we are who we are because of our choices, for better or worse. Varied perspectives, encased in varied essays sharing only a common basis.

So many valuable life lessons to be obtained in a single book. You gain wisdom through experience, all of which these individuals have, and now they pass on their years of gathering knowledge we is. Great read! Highly recommend it!

I now want to write to myself. I will also read more of what these guys (and gals) put out there. Thank you Asymetrical for getting it in print. It is now a possibility rather than a hope for myself.

Each author provides a piece of themselves when writing a letter of advice to his/her 18 year old self. Funny, charming, relatable, sincere, and inspiring.

Good book on personal growth and measuring authors' progress. Definitely a book worth reading and would certainly recommend it !

Great purchase. I wasn't sure what to expect from various writers who'd compiled advice to younger versions of themselves. However, the variety of counsel from writers of all ages, backgrounds, and interests was a fun twist; the book showed how different our paths really are. Overall, it was a great lesson in shifting priorities and understanding that it's okay to make mistakes. Josh Wagner's advice to himself was probably my favorite. I've recommended this book to most of my friends.

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